

## 2020 CENSUS EVERYONE COUNTS!

Your 2020 Census response is more important than ever as it gives you the opportunity to shape the future of Knoxville and Knox County. When you complete the 2020 Census, you contribute to an accurate count that will help with funding for CAC and the Office on Aging, along with other agencies which serve older adults in our area and are dependent on some type of Federal Funding. These are programs like Mobile Meals, LIHEAP, SNAP, Medicaid, transportation, mental health services and senior centers. An accurate census count also provides funding for hospitals, schools, roads, fire departments, Head Start and other critical programs and services.

Responding to the Census is easier than ever. If you did not receive a letter or a post card, you can still respond by going online and entering your home address. There are four (4) excellent ways to submit your information:

- Online at [My2020Census.gov](https://My2020Census.gov) (prompts make it very easy)
- By phone at 1-844-330-2020 (a real census worker will walk you through all the questions)
- Paper Census (please complete in ink - not pencil - and mail back)



- Call Senior Information and Referral at 865-546-6262 for local, personal assistance with your census.

There are only nine (9) questions and most people complete the census in less than 10 minutes.

Be sure to count everyone in your home on this census. Include all adults, babies, young children, foster children and non-relatives living in your home. Your answers are kept confidential and can never be used against you in any way.

Remember that the 2020 Census is as important as voting. It makes a real difference, so spread the word! This is an excellent way to use your time at home to accomplish something really important to our area. ■

### **Please note:**

During this 2020 Census time, scam artists may try to take advantage of you. Phone calls asking for your social security number, bank or credit card numbers or for money to complete the census or a donation to complete the census is never legitimate. Always hang up.

## PROTECT YOURSELF AGAINST SCAMS: A LOOK AT SCAMS AND COVID-19

By Sasha Hammett,  
Rise Above Crime Program Manager

During these challenging times where much of our attention is focused on the coronavirus pandemic, threats to older adults are heightened as social isolation grows, scams flourish, and residents of long-term care facilities are less likely to have contact with family and friends. Older adults are more at risk now than ever, not only for contracting the virus but also because they are being targeted for yet another type of scam during an already scary time. Companies are attempting to scam individuals by selling unapproved products intended to prevent or treat COVID-19.

Recently the U.S. Food and Drug Administration (FDA) and the Federal Trade Commission (FTC) issued warning letters to companies selling fraudulent COVID-19 products. These products are unapproved drugs that pose significant risks to patient health and violate federal law. The FDA and FTC are taking this action as part of their response to protect Americans during the global COVID-19 outbreak. The FDA is particularly concerned that products that claim to cure, treat, or prevent COVID-19 may cause older adults to delay or stop appropriate medical treatment, leading to life-threatening harm.

As this publication goes to press, there are currently no vaccines or drugs approved to treat or prevent COVID-19. Be cautious of those selling products that claim to prevent, treat, or cure COVID-19. These fraudulent products may come in many varieties, including dietary supplements and other foods, drugs, medical devices or vaccines. Products that claim to prevent, treat, or cure COVID-19 defraud older adults of money and can place these individuals at risk for serious harm. If you or someone you know have experienced this type of scam, the FDA is asking that you report these products to the FDA's MedWatch Adverse Event Reporting program at: <https://www.accessdata.fda.gov/scripts/medwatch/index.cfm>. ■

# COPING IN THE COVID-19 HEALTH CRISIS

As this publication goes to press, the number of COVID-19/Coronavirus cases are on the rise in Knox County. Governor Lee has issued a Stay at Home mandate for all non-essential employees. This means that non-essential travel should be limited to reduce the possibility of community spread of the virus. Essential errands, such as doctor’s appointments, trips to the grocery store or pharmacy, are still allowable under the mandate, though you are urged to take precautions when doing so. If you are able, wear a mask when you visit public places, wash your hands thoroughly and/or use hand sanitizer often. Limit your time in public places to avoid potential exposure to the virus.

Remember, anyone who appears seemingly healthy may potentially be an asymptomatic carrier of the coronavirus. Always practice social distancing and stay at least six feet from those around you.

In an effort to limit community spread of the virus, all of CAC’s public meetings, events, and fundraisers have been postponed until further notice. The O’Connor Senior Center, the Daily Living Center, and

the Ross Building have been temporarily closed to the public. We will keep you updated on our status through our social media accounts and on our website. Staff are still available to take phone calls.

Staff at the Office on Aging are still reporting to work. Essential programs such as Mobile Meals and CAC Transportation have seen no interruption in service. We are continuing to provide these and other important services in keeping with our long-held mission of “Helping People. Changing Lives.” ■

## STAY IN TOUCH WITH US!

On Facebook @knox.OOA

On Twitter @knoxooa

On Instagram @KnoxOOA

Call Senior Information and Referral at 865-546-6262

Visit our website at [knoxseniors.org](http://knoxseniors.org)

Call us at 865-524-2786 (Monday – Friday, 8 a.m. – 4:45 p.m.)

## CONSIDER THE SOURCE

It is always important to consider our sources of information. There is a lot of misinformation on the internet and social media. Stay safe by following guidelines of trusted and reputable reporting sources. We recommend these online resources for accurate and dependable information relating to public health and the coronavirus:

Knox County Health Department:  
[covid.knoxcountyttn.gov](http://covid.knoxcountyttn.gov)

Centers for Disease Control and Prevention: [cdc.gov](http://cdc.gov)

World Health Organization: [who.int](http://who.int)

## FEELING ANXIOUS? CALL THE MENTAL HEALTH STRIKE TEAM

The Tennessee Disaster Mental Health Strike Team is open to taking calls from any older adult who is feeling high anxiety and needs to speak to someone. The phone number is (865) 363-1239. This number is not for obtaining information about community resources. For that, please call Senior Information and Referral at 865-546-6262, East Tennessee 211 at 2-1-1 or the Office on Aging at 865-524-2786.

## CAC EMERGENCY RESPONSE FUND

The Knoxville-Knox County Community Action Committee serves the citizens of Knox County from children to seniors. Now more than ever, we need community support to provide essential services to those in need.

In addition to the monetary donations needed, we need grocery store gift cards and gas cards. Those can be sent to P.O. Box 51650, Knoxville, TN 37950-1650 or dropped off curbside at 2247 Western Ave, Knoxville, TN 37921. Please call 865-546-3500 for curbside pick-up.

Donations will be used for store gift cards, groceries, gas cards, household hygiene items, and other necessities.

**To donate to this fund, visit [knoxseniors.org](http://knoxseniors.org) or mail a check to the address above.**

If you are interested in volunteering, send an



email to [sam.pohlot@knoxseniors.org](mailto:sam.pohlot@knoxseniors.org) or call 865-524-2786.

*The Knoxville – Knox County Community Action Committee is delivering Mobile Meals to seniors and disabled individuals, supporting families with children, providing transportation to essential medical appointments like dialysis, continuing with home repairs and weatherization, and providing in-home services to at-risk seniors. ■*

# CAC MOBILE MEALS VOLUNTEERS STEP UP!

During this unprecedented time, a special plan has been implemented to safely continue service to the seniors in our community. The family of Mobile Meals volunteers have risen to the occasion to help with these changes.

- A weekly meal delivery schedule has been put in place to limit personal contact and lower the risk of spreading COVID-19. Each Mobile Meals client receives one box containing five complete meals. Volunteers adapted by making extra room in their vehicles for the boxes and increased number of clients, following safety protocol and continuing to serve.
- In addition to home delivery service, Mobile Meals continues to serve seniors in high rise apartment buildings and communities that normally receive nutritious meals in a group dining setting. Volunteers have met this challenge by implementing a door-to-door and drive-through meal service for these seniors.
- On non-delivery days, volunteers are conducting the all-important wellness checks via the Mobile Meals phone app. Volunteers replace the in-person contact with a friendly phone call each day. These phone calls allow Mobile Meals staff to respond to needs, help with referrals for additional services, and assist with any urgent situations. These check-ins help combat isolation and brighten the day for both Mobile Meals clients and volunteers.
- Small groups of volunteers have helped bridge the gap to package meal boxes while we continue daily service. These groups also helped package 3,000 commodities bags that were distributed to food insecure individuals throughout Knox County.
- At the time of printing this publication, 1,400 weekly meal boxes are currently being packed and delivered to seniors in need. Every week, we are adding approximately 20 additional seniors that are struggling with food insecurity.



To these volunteers, we say thank you for sharing your love, time, and energy, and for recognizing the needs of seniors in our community!

## MOVING FORWARD

Our hope is to continue to meet the needs of the homebound seniors in Knox County. The seniors that we are helping have both short-term and long-term needs ranging from a temporary loss of their support system to having their support system changed entirely due to family members losing jobs or going without income. We are anticipating an increase of seniors needing daily meals that may continue into 2021.

This increase will require additional funding. The long-term economic impact for Mobile Meals is still unknown, but we are diligently working with our local, state, and national partners to help direct funding to our community. We are committed to serving the older adults in our community and hope that as we approach the second half of this year, you will also extend your support when able. We will all get through this together. ■



## IMPORTANT RESOURCES IN KNOX COUNTY

### Department of Safety

The Department is waiving its requirement for drivers' licenses that citizens appear in person and have a new photograph taken through October 1, 2021. This will allow many customers with expiring credentials to renew online and not visit in person.

Non-US citizens with Temporary driver licenses (Class XD and XID) will still need to visit in person to renew those licenses upon expiration of the current license.

All Driver Licenses, Learner Permits, Commercial Driver Licenses, Photo Identification Licenses (ID), and Handgun Carry Permits that would expire between March 12, 2020, and May 19, 2020, will be extended for six (6) months from the original expiration date. The Department will issue a letter of extension to the individuals affected. Affected individuals will be required to keep the letter with them during the extension period.

The deadline for obtaining a Real ID has been extended until October 1, 2021. The Department has temporarily stopped issuing Real IDs. This extension will help make sure we can issue a Real ID to everyone who wants one before the deadline, while making sure people are not coming into centers during this time of social distancing.

### City of Knoxville and 2-1-1's Chatbot

In the City of Knoxville's ongoing effort to keep the public informed, in particular when their offices are closed, or in the case of sudden increases in volume, they have created this intuitive, easy to use Chatbot to help answer questions regarding COVID-19 (Coronavirus) as well as the 2020 Census. Go to [knoxvilletn.gov](http://knoxvilletn.gov) and click on the blue bubble at the bottom.

Learn more about the City's 311 Call Center at [knoxvilletn.gov/311](http://knoxvilletn.gov/311).

Learn about the 211 Call Center at [tn211@mycommunitypt.com](mailto:tn211@mycommunitypt.com). ■

# IS MY PET SAFE DURING THE COVID-19 PANDEMIC?

## ALWAYS STAY HEALTHY AROUND ANIMALS

As this publication goes to press, in the United States, there is no evidence to suggest that any animals, including pets, livestock, or wildlife, might be a source of COVID-19 infection at this time. However, because all animals can carry germs that can make people sick, it's always a good idea to practice healthy habits around pets and other animals.

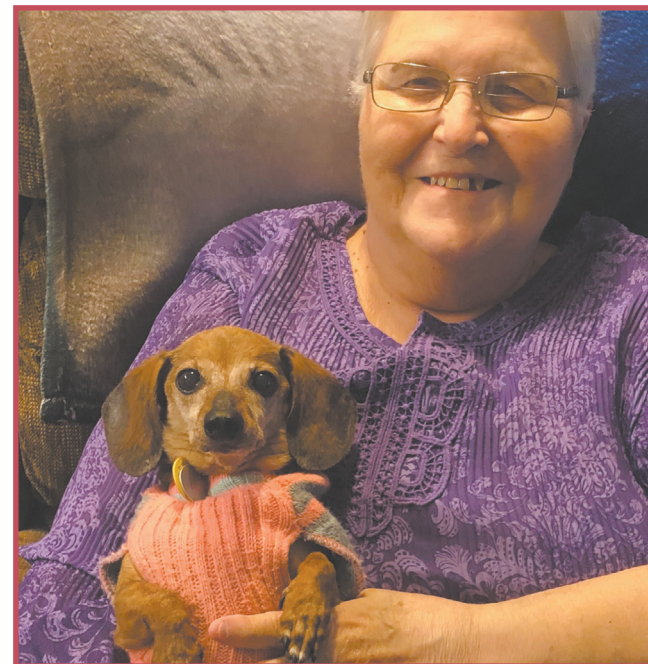
- Wash your hands after handling animals, their food, waste, or supplies.
- Practice good pet hygiene and clean up after pets properly.
- Talk to your veterinarian if you have questions about your pet's health.

If you are sick with COVID-19 (either suspected or confirmed), you should restrict contact with pets and other animals, just like you would around other people. This can help ensure both you and your animals stay healthy.

- When possible, have another member of your household care for your animals while you are sick.
- Avoid contact with your pet including: petting, snuggling, being kissed or licked, and sharing food.
- If you must care for your pet or be around animals while you are sick, wash your hands before and after you interact with them.

### Protect pets if you are sick

For more information, visit CDC's Healthy Pets, Healthy People website at [cdc.gov/healthypets](https://www.cdc.gov/healthypets). ■



## THANK YOU TO THE SPONSORS OF PANCAKE FEST 2020

The O'Connor Center's annual Pancake Fest, held on March 6, saw more than 700 folks in attendance and raised just over \$14,000. These funds will allow us to continue providing the valuable services and programs that our older adults want and need in our community.

We appreciate the support from our elected officials, city and county offices, businesses, and community members. Thank you to all of our performers who provided entertainment. Special thanks to WATE, WBIR, WVLT, and Cumulus Media for their support in promoting and participating in Pancake Fest.

### PANCAKE FEST DONORS

- Aubrey's Restaurant
- American Distributing Service
- Dunkin Donuts
- East Tennessee Personal Care Services
- NHC Farragut
- Morning Pointe of Powell
- Second Harvest Food Bank
- Three Rivers Market

### PANCAKE FEST SPONSORS

- Always Best Care Senior Services
- Alzheimer's Tennessee
- BeeHive Homes of Knoxville
- BlueCross BlueShield of Tennessee
- CHOICES-East Tennessee Human Resource Agency
- Cigna
- Clear Captions
- The Courtyards Senior Living
- Dignity Memorial
- Dr. Akerman
- Franklin & Kyle Elder Law
- Gentry Griffey Funeral Chapel & Crematory
- Helen Ross McNabb Center
- Home Federal Bank
- Knox High Independent Living

- Mac's Pharmacy
- Manorhouse Assisted Living
- Medicare Insurance Advisors Inc.
- Mynatt Funeral Home
- Narrow Ridge Earth Literacy Center
- NHC Farragut
- Northshore Heights Senior Living
- Riggs Pharmacy
- Senior Citizens Home Assistance Service
- Senior Financial Group
- Senior Home Assistance
- South High Senior Living
- State Health Insurance Assistance Program - East Tennessee Human Resource Agency
- TVA Employees Credit Union
- UnitedHealthcare

UT Center for Pelvic Medicine

### PANCAKE FEST VOLUNTEERS & SUPPORTERS

- Celebrity Chefs
- City Mayor Indya Kincannon and Elected Officials
- City of Knoxville Facilities Management Team
- County Mayor Glenn Jacobs and Elected Officials
- Craft Fair Vendors & Participants
- Eddie and Carolyn Acuff
- Foster Grandparents & Senior Companions-Office on Aging
- Frankie Hicks & Take-out Team

- Friends and local businesses in the community
- Gina Delk & the Mobile Meals Kitchen
- Grandparents as Parents-Office on Aging
- Knoxville Co-Ed Senior Softball League
- O'Connor Center Advisory Board
- O'Connor Center Staff & Participants
- O'Connor Geezer Band
- O'Connor Jam Band
- O'Connor Volunteers Retired and Senior Volunteer Program
- Sports Animal-Cumulus Media
- Walgreens Team
- WATE
- WBIR
- WVLT

# DEDICATION TO SERVE IN A TIME OF CRISIS



**DOTTIE LYVERS**

*Director  
Office on Aging*

As staff of the Office on Aging, we have disaster plans prepared and in place in case they are needed. However, preparing for the challenges of a pandemic was never in our imaginations. When others were being sent home, the staff of the Office on Aging stepped up to continue providing essential services to the most vulnerable people in our community. Now, more than ever, we are serving those who depend on us for help.

The Office on Aging staff, with help from countless volunteers, quickly changed gears and made plans to continue serving our clients in a safer, socially distanced way. The impacts of our continued connection with clients has been significant.

Staff are making wellness check calls to our clients, participants, and volunteers. On average, we are checking on more than 1,500 individuals each week. This service has assisted with social isolation and meeting essential needs such as access to food and medication. The calls provide a safe opportunity for clients to ask questions, secure needed resources, and simply have someone to talk with during these isolating times.

Here are some impactful highlights from these vital efforts:

- Secured groceries and medication through various delivery services
- Referred clients to Mobile Meals for additional nutritional support
- Connected clients to in-home services for on-going support
- Helped with access to purchasing medication, needed cleaning supplies /

personal care items for bedbound family members

- Assessed if client was ok and if anyone was checking on them
- Provided emergency food items
- Helped clients establish a new routine and understand what the “Safer at Home” order truly means (i.e. -You can take a walk in your neighborhood and get some fresh air on your front porch and run essential errands).
- Provided grief support as many missed funeral services for family members that passed away
- Assisted with identifying scam calls/mail
- Encouraged physical activity
- Offered medication reminders
- Delivered care packages and activity packets to adult day care participants to provide stimulating things for them to do while at home.
- Spent time talking to families to share ideas of how to handle and help their loved ones during this time
- Encouraged completion of the 2020 Census
- Most importantly – provided social support

The calls that we have made have been well-received by seniors and their families and have been rewarding for staff and volunteers. Many clients have shared that they feel relieved that someone is checking in on them, especially those with little or no social support. Much to our surprise, a few have been more concerned about our staff during the calls!

Our staff and volunteers have been a lifeline on the other end of the phone. For instance - one of our Senior Companion volunteers called her client to do a daily call. When she didn't answer the phone, the volunteer called someone to conduct a wellness check. Turns out, the client had fallen and could not get up. They called

9-1-1, and luckily the client was ok. The Senior Companion very well may have saved a life that day! Sometimes, it was just having a voice on the other end of the phone. As one family stated- “Thanks for listening -- I just needed to vent to feel better.”

Similarly, as a result of the Covid-19 crisis, the Office on Aging launched a new program – Senior Care Calls. As stated on page 8, we are connecting with additional seniors in the community who need a wellness check call. The response from volunteers in the community to assist with this program has been amazing and truly appreciated! Even after the crisis has passed, the Senior Care Calls program will continue. If you know an individual that would benefit from this program, please do not hesitate to call our office.

O'Connor Senior Center and the Daily Living Center began more creative service deliveries in response to the current health crisis. The Daily Living Center staff delivered activity packets and ideas for families and participants to provide stimulating things to do while they are at home. The O'Connor Center provided virtual programming including a Zoom Coffee Hour Conversation, online live exercise classes, and online video exercises.

The Office on Aging continues to provide vital information and assistance services through our Senior Information & Referral line (865-546-6262), East Tennessee 211 (Dial 2-1-1) and our main Office on Aging line (865-524-2786). If you need assistance, please remember that we are only a phone call away!

I would like to personally thank the staff and volunteers who stepped up to meet the new and increased needs of our clients and community during this unprecedented time. You are more than appreciated!

*Dottie Lyvers*

Director, Office on Aging

## DECEMBER 2019 &amp; JANUARY 2020 DONATIONS

**Adopt A Senior Donations**

Anonymous (71)  
Barbara Abner  
Whitney Adams  
Sujata Agarwal  
Iqbaluddin and Naheed Ahmed  
Burton & Ruth Akers  
Dr. & Mrs. Tom Anderson  
Richard & Joyce Arthur  
Erin Atchley  
Sharon T Atchley  
Ron & Lynn Austin  
Alan & Weena Babcock  
Walter & Lois Bailey  
Richard & Barbara Bashford  
Phillip and Mary Bell  
Larry Bender  
Thomas J. Benton  
Greg & Joyce Birtsch  
Jeanne Bishop  
John & Debbie Black  
Michael and Kay Blackwell  
Ryan Blake  
Richard & Sharalyn Blattner  
Libuse Bobek  
Rose Boll  
Jim Bolon  
Elmer & Brenda Bonk  
Mary Bonomo  
Mitch Borden, Jr.  
Gary Brock  
Joyce Brown  
John & Sabra Buchheit  
Suzanne Senn Burke  
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Carol A. Campbell  
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Jim and Melissa Cardon  
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Cindy Chan  
Harold Clemmons  
John Coleman  
Barbara S. Collins  
Steve & Jane Combs  
Carole Conklin  
Donnie & Cindy Corum  
Patrick & Charlsie Counts  
Richard & Susan Cowan  
Freddie W Cox Jr  
Joseph Crump  
Eva Davis  
Jack Draper  
Donald Dunning  
Steve Early  
Bryan Eaves  
Anita Edwards  
Gregory Eidam  
Eugene & Barbara Eisinger  
Rebekkah Epperson  
Thomas P. Evans  
Donna Fielden  
Kim Fitch  
Judy Fleenor  
Gary & Dianne Forry  
Penny Funk  
John & Carole Galyon

Tommy Gardner  
Dan & Nancy Gaubas  
Ann Gehin  
Carole Gobert  
Carol Goris  
Julia Hickey & Susan Gray  
Billie Greene  
Mike & Jo Ann Guidry  
Prabha Gupta  
Stephen & Kathryn Hall  
D. Mark and Kathy Hastings  
Betsy Haughton  
Amy Morris Hess  
Stefanie Hess  
Howard Kenneth Hicks, Jr.  
Laura Hobbs  
Edna Hodge  
David & Mary Jo Holden  
Douglas Holman  
Patricia Hooper  
Mahmood Hosseini  
Laurie Houston  
John Hoyle  
Joanne Huddleston  
Garry Hudson  
Michelle Hull  
Richard & Jackie Imbrey  
Butch Inman  
Evans Innovations  
David & Janice Ishee  
Bill and Edna Ivey  
John & Margaret Jansen  
Richard Jenkins  
Melissa Johnson  
Warren Johnson  
Herschel & Gretchen Kaplan  
Sandra Kehne  
Hwa Ok Kim  
Kathryn Kimbrough  
Gordon Kinter  
Michael Kopp  
James Koren  
D.J. and Lyda Krahwinkel  
Ronald & Angela Kramer  
Elaine Krell  
Jude Lam  
Carol Lamon  
Fred and Faye Langley  
James & Darlene Lara  
Candace Lasley  
J.S. & Julie Lawler  
James Lemme  
Elizabeth Lillie  
Mark Livesay  
Paul and Patricia Llewellyn  
Ellen Lofaro  
Gregory Mackay  
David Marsh  
Tim & JoAnn Marshall  
Michael Massengill  
Ellie Mattner  
Tom Maxwell  
Rosemary Mayberry  
Lynn Champion Mazzola  
Kari McCluer  
David & Rhonda McClurkin  
Thomas & Patricia McDaniel  
Stanley & Georgia

McDaniel  
John and Lisa McElligott  
M. Donald McGavin  
Ruth McLeod  
Carol Miller  
Betty Miller  
Rodney Miller  
Kimberly Mitchell  
Joseph Martin Mitchell  
Stephen Monday  
Brent & Judy Moore  
Laura-Eve Moss  
John K Mulcahy  
James Nance  
Diane Nichols  
Paul and Deborah Noe  
Todd and Fanita Overstreet  
Michael & Elizabeth Ownby  
Richard L. Pace  
Susan D. Patty  
Thomas Payne  
Deborah Perry  
Tina Phillips  
Bruce & Christina Pint  
Carl & Mary Porter  
Judy Poulson  
Larry & Carolyn Proctor  
John and Susan Randolph  
Kathleen Rankin  
John & Nancy Ray  
Pamela Reddoch  
R.F. and Joan Register  
Gary & A.E. Reid  
Willa Reister  
Mr. & Mrs. G.W. Renfro  
Mark Rennich  
C.E. (Juanita) Reynolds  
Lanoka Rhodes  
John & Patricia Riblett  
Lavon & Darlene Rickard  
Natalie Robinson  
Johnny and Anne Rochester  
John Rozek  
Dennis & Sally Russell  
Wade Saye  
Fares & Harriet Schlank  
John Schoolcraft  
Laura Schwind  
Charles and Sharon Sensenbach  
Cynthia A. Serbin  
Barry L Shumpert  
Saadi Siddiqi  
Dave & Vim Silvus  
Willie and Barbara Smith  
Earl & Loretta Spearman  
Kevin & Linda Staton  
Gipsy Stewart  
Frank & Faye Stockard  
Kaye P. Stoneking  
Chris and Mary Sue Tavino  
James Tipton  
Scott and Barbara Tipton  
Leigh Touzeau  
Richard Townsend  
Darrell & Deena Trimble  
Sandra Twardosz  
Sam and Mary Ann Venable  
Jennifer Ward

Allen & Wyndham Ware  
Jack and Patricia Watson  
Gary & Patti West  
Elizabeth Wieselquist  
Marshall Wilkins  
Wade and Vanessa Wilkinson  
Kaye Williams  
Leigh Anna Windham  
Kimberly Wolbers  
Sylvia Woods  
Linda R Yates  
Warren Zaugg  
A Glowing Body Yoga & Healing  
Beaver Creek Cumberland Presbyterian Church: Searcher Sunday School Class  
Daughters of Penelope Chapter 370  
Erin Presbyterian Church  
Farragut Presbyterian Church Outreach Committee  
Management Society at the University of Tennessee  
New Hopewell Baptist Church: Senior Citizens Sunshine Club  
Newcomers Club of Knoxville  
Powell United Methodist Church  
Realty Trust Group, LLC  
The Melrose Foundation, Inc.

**AAS in Memory or Honor**

*In Memory of Robert and Toodle Adcock*  
Colin & Debbie Moskal  
*In Honor of All elderly ones in this area*  
Anonymous  
*In Honor of All the elderly ones in this area*  
Anonymous  
*In Memory of Jack Arms*  
Denark Construction  
*In Memory of Jack & Linda Arms*  
Anonymous  
*In Memory of Jack & Linda Arms*  
G.W. and Mary Norton  
*In Memory of Sue Atchley*  
Anonymous  
*In Memory of Sue Atchley*  
Sharon T. Atchley  
*In Memory of Sue Atchley*  
Ryan Blake  
*In Memory of Sue Atchley*  
Penny Funk  
*In Memory of Sue Atchley*  
Douglas Holman  
*In Memory of Sue Atchley*  
Leigh Touzeau  
*In Memory of Gerald Berney*  
Daniel & Betty Berney

*In Memory of Paul Bowen*  
Dorothy Bowen  
*In Memory of Mike Bowerman and Fred & Hattie Kanipe*  
Anonymous  
*In Honor of Martha Bruner*  
Anonymous  
*In Memory of Connie and Insee Burnett*  
Gayle Burnett  
*In Memory of Jean Butler*  
Fred & Liz Melloy  
*In Memory of Phyllis Campbell*  
Anonymous  
*In Honor of Cindy Cassity*  
Perry and Erin McCallen  
*In Memory of Ruth Courtney*  
Jerry & Pat Wrinkle  
*In Memory of Ione Goff Cristil, and Lou & Betty Thacker*  
Patricia Cristil  
*In Honor of Mary Fredna Danford*  
David Danford  
*In Honor of Kris and Bill Dennen*  
Anonymous  
*In Memory of Aurelia Dickey*  
Mark & Helen Dickey  
*In Honor of Dr. Lois Dickey*  
Anonymous  
*In Memory of Ralph W. Dougherty*  
Ernestine Dougherty  
*In Honor of Jack Draper*  
Kevin & Kelly Blankenburg  
*In Memory of Curtis and Geraldine Ely*  
Michael & Suk Galloway  
*In Memory of Paul D. Ewing*  
V. J. Ewing  
*In Honor of Family*  
Harriet and René Jordon  
*In Memory of John and Evelyn Fawver*  
Anonymous  
*In Honor of Bob Freeman*  
Kim Judkins  
*In Honor of Friends and Family, and In Memory of Betty Lewis*  
Whitney Adams  
*In Memory of Dorothy Frost*  
Catherine Cooper  
*In Memory of Paul and Hattie Frye*  
Becky Frye  
*In Honor of Ruth Fulton*  
Anonymous  
*In Honor of June Galloway and George Mandrus*  
Harriet Miller  
*In Memory of James Green*  
Angeline Green  
*In Memory of Barbara and Bronce Griffin*  
Joe Griffin

*In Honor of Sarah Gordon, Taylor Oglesby, and Travis Clevenger*  
Anonymous  
*In Memory of Hazel Hambright*  
Kyle Cook  
*In Memory of Daisy Hale*  
Jeff Henson  
*In Honor of Mr. & Mrs. James Haslam, Mr. & Mrs. John Testerman, Mrs. Robert Rinear, Mr. & Mrs. Henry Bertelkamp, Mr. & Mrs. Alex Robinson*  
Anonymous  
*In Memory of Hayward*  
Anonymous  
*In Memory of Vic Henderson*  
Mary Ruth Cook  
*In Memory of Robin Hill*  
Anonymous  
*In Honor of Vicki & Greg Hinkel and Family*  
Anonymous  
*In Memory of Hugh Hixson*  
Janice Hixson  
*In Memory of The Father of Susie Hoskins*  
Dr. & Mrs. Reuben Pelot and Staff  
*In Memory of Jimmy Humphries*  
Joe Justice  
*In Honor of Jesus*  
Anonymous  
*In Honor of Jesus*  
Anonymous  
*In Memory of Ed & Frances Karkut*  
Cynthia Karkut  
*In Memory of Anthony A. Kattine, M.D.*  
Stuart Van Meter  
*In Memory of Irma Keith*  
Phil & Fran Keith  
*In Honor of Agnes Kirby*  
Michael Massengill  
*In Honor of Rip Kirby*  
Christy McElroy  
*In Memory of Joe and Ruth Koren*  
James Koren  
*In Memory of Dick Lee*  
Marleen Lee  
*In Honor of Dale Liles*  
Anonymous  
*In Honor of Chas Lindstrom*  
David and Nancy Harshman  
*In Honor of Susan Long*  
Michael & Nancy Lofaro  
*In Memory of Edna Loveday & In Honor of Linda Hickman*  
Wayne Loveday  
*In Honor of George Mandrus & June Galloway*  
Nancy J. Fitchpatrick  
*In Memory of Doris McCammon*

Mark & Nan Gaylord  
*In Honor of Betty Miller*  
Rodney Miller  
*In Honor of Mr. and Mrs. Gary Miller, Jr.*  
Charlenia Wilson  
*In Memory of Glen and Mildred Miller*  
Thomas Miller  
*In Memory of Louise Milner*  
Jim & Teresa Lawson  
*In Memory of Wanda Monday*  
Stephen Monday  
*In Memory of Barbara Monty*  
Anonymous  
*In Memory of Barbara Monty*  
Gloria and Dwight Kessel  
*In Honor of Wanda Moody*  
John Mulcahy  
*In Honor of Emery Rose Morrow*  
Elizabeth Morrow  
*In Honor of Mother Carol Taylor*  
*In Memory of My Parents*  
Sherry Ellis  
*In Memory of Katherine Nordsiek*  
Al White  
*In Memory of Bill and Mary Oglesby*  
Anonymous  
*In Honor of Dr. Reuben Pelot*  
Mr. & Mrs. James Coffin  
*In Honor of Dr. David Rankin*  
Jeffrey King  
*In Memory of Edna Raper*  
Ann Brady  
*In Memory of Pauline and Beecher Rettiford*  
Anonymous  
*In Memory of Jon Reynolds*  
Anonymous  
*In Memory of Joseph Rhodes*  
John & Carolyn Dobbs  
*In Memory of Diane Richard*  
Debbie Lamb  
*In Memory of Ruth Mae Riley*  
Dr. Dayakar & Marie Penumadu  
*In Honor of June Seneker*  
Anonymous  
*In Memory of Beverly Stamps*  
Barbara Chandler  
*In Memory of Bob Stivers*  
Elizabeth Stivers  
*In Memory of Betty Thacker*  
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*Those Who Serve Others Daily*  
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*In Honor of Jill Townsend*

Richard Townsend  
*In Honor of Brenda and Gerry Turner*  
Anonymous  
*In Memory of Delmas Turner*  
Geoff and Suzann Emery  
*In Memory of Emmet P. "Buck" Vaughn*  
Linda Vaughn  
*In Memory of Larry Vickers*  
Marie V. Perelman  
*In Memory of Mae Welch*  
Anonymous  
*In Memory of Sherrod and Iris Wells*  
Jane Wells  
*In Memory of Ardell Craze & Marilyn L. White*

Terri Craze  
*In Memory of William, Marilyn, and Russell White*  
Anonymous  
*In Honor of Reverend Charles and Joyce Whitson*  
Kenneth & Judy Pate  
*In Honor of Selma Whitson*  
Anonymous  
*In Honor of Sara Wimmer*  
Susan Schaefer  
*In Memory of Grace Williams & Drew Wood*  
James & Virginia Wood  
*In Memory of Darlene Swanson Woods*  
George and Katherine

Swanson  
*In Memory of Julie Woods*  
Roy and Roianne  
Thornley  
*In Memory of James and Linda Yates*  
Linda Yates  
*In Memory of Linda Yeager*  
Donald and Margaret Yeager

### One Senior for One Year

Anonymous (1)  
Ron and Jeanne Beatty  
Aggie Bell  
Charles & Wilma Chadwell  
Norma Cox Cook

William and Sally Johnson  
Deborah Knapp  
Wayne & Diane Lankford  
Hitesh & Mitali Mehta  
Linda Mills  
Bill and Linda  
Philip Schrader  
All Saints Catholic Church  
Bearden United Methodist Church: United Methodist Women  
Beverage Control, Inc.  
City-Wide Service Club  
East Tennessee Chapter IFMA  
Fairfield Service Group, Inc.: Employees of Fairfield Service Group

Patrons of Bucket Head Tavern  
The Church of the Good Samaritan

### One Senior for One Year in Memory/Honor

*In Honor of Mrs. Ross Faires, Mr. & Mrs. David Moon, Dr. & Mrs. George Krisle, Ms. Caroline Smith, Mr. & Mrs. Hiram Tipton, Dr. & Mrs. Ronald Rimer*  
Sherri Parker Lee  
*In Memory of Elbert Heft*  
Gail Lewis  
*In Memory of Mary House*

Sue Murrian  
*In Memory of Mary E. House*  
Sue Murrian  
*In Memory of Lorene Niceley*  
James Niceley  
*In Memory of Dr. and Mrs. Joseph T. Orr & Mr. and Mrs. Phil Gray*  
Mr. & Mrs. Thomas M. Ayres  
*In Memory of Robert Pletz*  
Mary Wegman  
*In Honor of Flossie Raby & Pam Chambers*  
Tom & Joanie Koehn  
*In Honor of Joan Register*  
Rita Powers

### Two Seniors for One Year

Richard & Carol Jones

### Four Seniors for One Year

Fred and Deborah Nilson  
Jim and Dorothy Petrone

### Five Seniors for One Year

Charles and Phylma Barry

## FEBRUARY & MARCH 2020 DONATIONS

Anonymous (25)  
Diana Amann  
Glen Anderson  
Bob Andres  
Phyllis Andrews  
Larry Bender  
Mildred Bible  
Robert Boyd  
Debra & Kenneth Brock  
Wanda Caldwell  
Colonial Heights United Methodist Church J. Ray Stuart Sunday School Class  
Sherman & Roberta Cook  
Gary Cooper  
James & Brooksie Cox  
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Linda Folks  
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Carolyn Harris  
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Pam Lovell  
Debbie Lowe  
John & Carla Lyle  
Blanche M. Mackay  
Janice Noe  
Ms. Frankie Noojin  
Oakwood Baptist Church Homemaker's Sunday School Class  
Betty Owen  
Norman Queener  
Addie Sacchi  
Wanda Selvidg  
Ronald & Virginia Shrieves  
Betty J Siegel  
John and Elizabeth Smith  
Smithwood Baptist Church Joy Class  
Laura Van Eps  
David & Carolyn Wells

Linda Williams  
**In Memory or Honor**  
*In Honor of Ms. Nell Alfaro*  
Charlenia Wilson  
*In Memory of Sue Atchley*  
Mary C. Willard  
*In Memory of Clarence Bowers, Ed & Juanita Knight, and Eddie Knight*  
Anonymous  
*In Memory of Virginia Gorski*  
Greg Volrath  
*In Honor of My Grandmother*  
Beth Walker  
*In Memory of Ann Hunter*  
Mr. & Mrs. Ben Jaco  
*In Memory of Brenda Johnson*  
Dale & Lucy Johnston

### AAS Donations

Anonymous (8)  
Barbara Abner  
Beaver Creek Cumberland

Presbyterian Church Searcher Sunday School Class  
Bruce and Lena Kennedy Family Foundation  
Phillip and Mary Bell  
Debra & Kenneth Brock  
Barbara S. Collins  
Concord United Methodist Church Souper Bowl of Caring  
Corine E. Crawford  
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Charles and Sandra Huddleston

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Robert Wilson  
Elizabeth Witherspoon  
Carolyn Zachary

### AAS in Memory or Honor

*In Memory of My Mom*  
Karen Sparkes  
*In Memory of Sue Atchley*  
Will & Genetta Pugh  
*In Memory of Edward Davis*  
Anonymous  
*In Honor of Marinel Edwards*  
Anonymous  
*In Memory of Dorothy Frost*  
Catherine Cooper  
*In Honor of Carol Lattimer*  
Paul & Katherine Mays

*In Honor of Mickie McBee*  
Fox & Farley Attorneys at Law  
*In Honor of Mobile Meals Staff and Volunteers*  
Anonymous  
*In Honor of Janice Noe*  
Johnny & Tyra Noe Gallion

### One Senior for One Year

Tara Burnette  
Management Society at the University of Tennessee  
John and Lillian Mashburn  
Pilot Corporation  
Employees Jeans Day  
Robert and Honerlin Del Moro  
Asbury United Methodist Church Fall Festival

### One Senior for One Year in Memory/Honor

Pemberton Truck Lines, Inc.

## FEBRUARY & MARCH 2020 OOA CONTRIBUTIONS

### Grandparents As Parents

Cokesbury Church  
Roberta Wilbanks

### PAWS

Paul & Glenda Houston  
Peter & Fawn Landrum  
Akima Club, Inc  
Knoxville Pays It Forward

### Pillow Project

First United Methodist Church UMW

### Daily Living Center

Fraternal Order of Eagles

## ELDER NEWS & VIEWS

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Dottie Lyvers

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# OFFICE ON AGING

KNOXVILLE-KNOX COUNTY COMMUNITY ACTION COMMITTEE

P.O. BOX 51650 • KNOXVILLE, TN 37950-1650

## ELDER NEWS & VIEWS

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OFFICE ON AGING: (865) 524-2786

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MAY/JUNE 2020

## ELDER NEWS & VIEWS

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In response to the COVID-19/Coronavirus pandemic, the Office on Aging launched a new program to help combat loneliness and senior isolation during this time of quarantine.

Senior Care Calls will utilize volunteers to make weekly check-in calls to seniors who are homebound, isolated, and lonely.

Although social distancing is an effective way to minimize the risk COVID-19 presents to seniors,

the feelings of loneliness and depression could rise. In 2018, United Way of Greater Knoxville reported that there are roughly 23,000 seniors in Knox County living in isolation. That's 1 in 4 of the senior population.

Our weekly check-in calls can help reduce the number of isolated seniors in Knox County. Do you know a senior that has isolated themselves during the COVID-19 social distancing protocol? ■

If you know a senior neighbor, friend, or family member who could benefit from a weekly check-in call, visit [knoxseniors.org](https://knoxseniors.org) and click on the Senior Care Calls logo. You can also contact Deisha Finley at [deisha.finley@knoxseniors.org](mailto:deisha.finley@knoxseniors.org) or call 865-524-2786.